

2026 Athletic Trainers Symposium

Tuesday, November 10, 2026

7:30 AM - 1:45 PM

The Westin, Mt. Laurel, NJ



AGENDA

7:30 AM – 8:00 AM	Registration/Breakfast
8:00 AM – 8:15 AM	Welcome/Opening Remarks David B. Gealt, DO, FAOASM
8:15 AM – 9:00 AM	What Not to Miss: Concerning Features on Musculoskeletal Imaging Brianna L. Siracuse, MD
9:00 AM – 9:30 AM	Evaluation and Management of the Overhead Athlete Alex M. Pachella, PT, DPT, CSCS
9:30 AM – 10:00 AM	Break/Visit Exhibitors
10:00 AM – 10:45 AM	The Basics of Gait Meghan L. Morley, MD, MSc
10:45 AM – 11:30 AM	The Management of Patellofemoral Instability in the Athlete Kevin J. McHale, MD, FAAOS
11:30 AM – 11:45 AM	Break/Visit Exhibitors
11:45 AM – 12:15 PM	Hypermobility in Athletics: Diagnostic Dilemmas and Common Treatment Pitfalls Cody B. Clinton, DO
12:15 PM – 12:45 PM	Ulnar Sided Wrist Pain in the Athlete Kristofer J. Bires, MD
12:45 PM – 1:30 PM	Emergent Evaluation and Management of Cervical Spine Injuries on the Sideline Rajkishen Narayanan, MD
1:30 PM – 1:45 PM	Discussion/Question and Answer Period
1:45 PM	Course Adjournment/Distribution of Boxed Lunches

Intended Audience:

The intended audience for this conference includes orthopaedic physicians, orthopaedic surgeons, and sports medicine physicians. Athletic trainers, physical therapists, pre-hospital personnel, and any other health care professionals with an educational need or interest in this topic may also attend.

Overall Learner Objectives:

- Describe current and emerging evaluation techniques, diagnostic and imaging procedures, and treatment protocols for various orthopaedic conditions.
- Discuss and illustrate evaluation and treatment techniques to improve patient outcomes, function, and return to sport.
- Evaluate the average number of patella dislocations and medial patellofemoral ligament reconstruction surgeries per month at Cooper Norcross Health, both before and after this symposium to determine if the number increases post symposium due to learner knowledge and referral to orthopaedics.

Accreditation/Designation/Disclosure:



In support of improving patient care, Cooper Norcross Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the health care team.

Cooper Norcross Health designates this live activity for a maximum of **5.0 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Cooper Norcross Health (BOC AP#: JA0004302) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers (ATs). This program is eligible for a maximum of **5.0 Category A hour(s)/CEU(s)**. ATs should claim only those hours actually spent in the educational program.



This activity was planned by and for the healthcare team, and learners will receive **5.0 Interprofessional Continuing Education (IPCE)** credits for learning and change.

All faculty, planners, and others participating in continuing education activities sponsored by Cooper Norcross Health are expected to disclose all financial relationships.

Department Chief:

David A. Fuller, MD

Chief, Department of Orthopedic Surgery
Cooper Bone and Joint Institute
Cooper Norcross Health
Chair and Professor of Orthopaedic Surgery
Cooper Medical School of Rowan University
Camden, NJ

Activity Directors:

David B. Gealt, DO, FAOASM

Assistant Director, Sports Medicine
Director, Concussion Program
Cooper Bone and Joint Institute
Cooper Norcross Health
Associate Professor of Clinical Orthopaedic Surgery
Cooper Medical School of Rowan University
Camden, NJ

Heather Olex-Raman, MS, LAT, ATC

Athletic Trainer - Liaison
Cooper Bone and Joint Institute
Cooper Norcross Health
Camden, NJ

Additional Faculty:

Kristofer J. Bires, MD

Department of Orthopaedic Surgery
Cooper Bone and Joint Institute
Cooper Norcross Health
Camden, NJ

Cody B. Clinton, DO

Director, Regenerative Medicine and Orthobiologics Program
Cooper Bone and Joint Institute
Cooper Norcross Health
Associate Professor of Clinical Orthopaedic Surgery
Cooper Medical School of Rowan University
Camden, NJ



Kevin J. McHale, MD, FAAOS

Sports Medicine Specialist
Department of Orthopaedic Surgery
Medical Director, Cooper Bone and Joint Institute - Cape Regional
Cooper Norcross University Hospital
Cape Regional
Cape May Court House, NJ

Meghan L. Morley, MD, MSc

Department of Orthopaedic Surgery
Cooper Bone and Joint Institute
Cooper Norcross University Hospital
Cape Regional
Cape May Court House, NJ

Rajkishen Narayanan, MD

Division of Spine
Department of Orthopaedic Surgery
Cooper Bone and Joint Institute
Cooper Norcross Health
Camden, NJ

Alexander M. Pachella, PT, DPT, CSCS

Cooper Norcross Health
Camden, NJ

Brianna L. Siracuse, MD

Division of Orthopaedic Oncology
Department of Orthopaedic Surgery
Cooper Bone and Joint Institute
Cooper Norcross Health
Camden, NJ



Please Note:

If you are unable to attend after registering, please contact us as soon as possible at (856) 382-6480.

Refund Policy:

Your conference registration fee will be refunded (minus a \$20.00 processing charge) if we receive notification of your cancellation no later than October 27, 2026. No exceptions.

Need More Information?

Please contact:

Continuing Medical Education
Cooper Norcross Health
2nd Floor, Suite N-300
1 Federal Street
Camden, NJ 08103
Tel: (856) 382-6480
Fax: (856) 382-6495
E-mail: CME@cooperhealth.edu

2026

Athletic Trainers Symposium

Tuesday, November 10, 2026

7:30 AM - 1:45 PM

The Westin

555 Fellowship Road, Mt. Laurel, NJ 08054
(856) 778-7300

Registration is required.

Space is limited. Please register early.

Registration will be accepted on a first-come, first-served basis.

No registrations by telephone will be accepted.



Register on-line: <https://cooperhealth.cloud-cme.com/2026ATCSymposium>

Or

Email ALL of the registration information requested below to: CME@cooperhealth.edu

Or

Mail registration and payment to: Continuing Medical Education
Cooper Norcross Health
2nd Floor, Suite N-300, 1 Federal Street, Camden, NJ 08103

Or

Fax registration form to: (856) 382-6495

Faxed, e-mailed, and on-line registrations accepted for credit card payments only.

Registration Fees: (Includes breakfast, breaks, and lunch)

- ☐ \$50.00 Non-Cooper Norcross Health Certified Athletic Trainers
- ☐ \$50.00 Non-Cooper Norcross Health Physical Therapists
- ☐ \$25.00 Athletic Training Students
- ☐ \$100.00 Cooper Norcross Health Physicians, Surgeons, Physical Therapists, Athletic Trainers and Administrators

A notice will be sent to you to confirm your registration.

Pursuant to the Physician Self-Referral Law (Stark Law), Cooper is limited in the amount of nonmonetary compensation that it may provide to physicians. To ensure that it meets these regulatory limitations, Cooper documents the monetary value of your participation in each Cooper CME activity. If the monetary value provided to you would exceed these regulatory limits, you must pay to participate in the additional CME. Should you have any questions or wish to discuss this further, please contact Cooper's Compliance Department at (856) 968-7417. Thank you for your interest in the CME opportunities.

Method of Payment:

- ☐ My check for \$_____ payable to Cooper Norcross Health is enclosed.
- ☐ Please charge my: ☐ Am. Express ☐ MasterCard ☐ Visa in the amount of \$_____.

Card Number

Expiration Date

Name as it appears on the credit card

Authorized Signature

Please print

Name & Degree: _____

First

M.I.

Last

Degree

Please check the status of your medical license: ☐ MD/DO - Active ☐ MD/DO - Retired

Please check if you are a ☐ Resident ☐ Fellow or ☐ PA/NP.

Address (required): _____

City/State/Zip: _____

Telephone: ☐ Home ☐ Work ☐ Mobile Fax: _____

E-mail (required): _____

Company Name: _____

City/State: _____

Specialty/Occupation: _____

- ☐ Please indicate here if you DO NOT give Cooper Norcross Health permission to share limited contact information (learner name and degree, organization, and specialty) with any ineligible company or its agents.
- ☐ If you require assistance with hearing, vision, or mobility to make this activity accessible to you, please check here and return by October 27, 2026. You may also contact us if you have special meal requirements. We will contact you at the phone number you provide above.

Cancellation Policy:

Cooper Norcross Health reserves the right to cancel this conference due to insufficient enrollment or other unforeseen circumstances.